



One By One

Year 24 Issue 2 (Double Issue)

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“Life is not enjoyed by being busy over everything in general, but being passionate about one thing in particular. Always focus on that one thing; dream it and live it!”

Israelmore Ayivor

G . A . L . A

It stands for:

"Grab your calendar and mark this date: **February 7th, 2025!**"

Ignite your Heart, Body & Mind

The last four months have been filled with highs and lows—not unusual in the life of One! International. It has been hard at times to remain confident, motivated and determined. Even the writing of this article seemed a little impossible!

Infrastructure dangers halted **minds** with unusable classrooms; major flooding put **bodies** at risk; and our **hearts** stopped when Gauri, an 8-year girl, passed away.

For every obstacle in our way, success was also met—17 of 25 grade 10/12 students graduated and Saurabh, a former student, became a lawyer—reminding us why we do this and why we never stop!

As we face this difficult climate (environmental, political, social, likely personal), let’s remind ourselves what is most important. It’s not the big things; it is about

schools. Students and staff concentrate on each word and action as they respect and care for each other. Each spark of goodness contributes to change.



the little things: making a loved one laugh, being able to make a stranger smile, giving your time to listen and help another.

These efforts are working at our One! International

Let’s fight negativity with positivity and hope. Together, we can IGNITE a warmer and brighter future that we can all be proud of—in our **hearts**, through our **bodies** and in our **minds**.

Monthly Contribution Dream

We are still facing a HUGE funding deficit.

We are already lucky to have an incredible group of regular donors that sustain the life of One! International as much as they can, but they need help.

We are still able to provide our holistic services (education, nutrition, medicine, counselling, ...) to our children and their parents at incredibly low cost. Our staff work hard to use every dollar (Rupee!) efficiently.

- Primary children \$30/month
- High School children \$60/month
- University students \$100/month
- Parent Support \$15/month

Who can you sponsor?

With a target of reaching **100 monthly donors**, please consider making monthly donations.

Thank you for sharing this request with your friends, family and followers!

Click [HERE](#) to reach our partner for accepting donations: CanadaHelps.



 **Every contribution**, no matter the size, makes a difference and is greatly appreciated.

Your support will have a meaningful impact on those we serve.

Your Generosity = Their Smiles



Monsoon Gallery!



Though the monsoon season always brings plenty of rain, it never dampens our team's enthusiasm. During monsoon, needs are even higher with fewer jobs, tougher living conditions and increased cost of food.

Despite budget cuts and fewer hands on deck, we remain committed to making the most of every resource.

Every effort matters as we push to achieve the extraordinary, no matter the challenges!



Vijay's Corner— Doing the right thing

"I believe in doing things that are right, and not what I feel is right.

There are many problems a person gets into when they do things that they feel are right according to them. Any situation is seen from a different angle from different people. So, an action might be right for a particular person but for others it might be wrong.

I have been trying to do what is right rather than what I feel is right.

Analysing any situation deeply and taking the decision helped me in taking the right way to solve the problem. For that we need to consider overall perspective like environment, history and many other aspects.

From the poor till the rich, everyone tries to get of their mistakes by giving excuses rather than being strong and determined in difficult situation. That is what makes the difference.

If we stay calm and focused, try to do right things even though it might give

us pain and hardships. It will give long term benefits and will secure our future generation's safety and healthy environment to live.

World is going crazy with war, corruption, child abuse, greed and many other social problems. But if we try to focus on integrity and believe in right things, things might change in a good way slowly. Even though it takes a lot of time, it will make ourselves proud and happy.

Thank you."

—Vijay

Cultivating Wellness Through Volunteerism

A core value at One! International is building a supportive community by uplifting individuals, one at a time.

*** University Students give back:**

In line with this, we've launched a volunteer program for university students. This initiative not only offers valuable experience but also fosters gratitude and mutual respect, benefiting everyone involved—students, parents & community.

Students can contribute a few hours each week or full days during academic breaks. They are given tasks speaking to their degrees—social work, law research, teaching, tech support, etc.



*** NIOS Students volunteer, too:**

We're excited to offer exclusive volunteer roles to those in Grades 10 and 12.

This program fosters a strong sense of community, promotes leadership, and provides valuable teaching experience. It's inspiring to watch younger students look up to their big brothers and sisters, aspiring to follow their path of confidence and knowledge.



The initiative truly highlights the strength of the close-knit bonds within our school.

Volunteering fills the soul.



One Fieldtrip—Endless Learning

Slowing Down: A Farming Workshop Journey and A Heartfelt Visit to a Senior's Home.



Over three days, 23 participants stayed at a staff member's farmhouse, engaging in hands-on farming despite the rain. They planted crops like chili, marigold, and cauliflower. They even got to plant some coconut saplings.

They also engaged in activities like meal prep, fun challenges, and a news reporting assignment, which added excitement to

the students' experience. With funds short, major field trips are not possible this year, so we offered students and staff a unique farming workshop in the peaceful countryside—even better!



the students' experience.

For the assignment, they were given three tasks: record a formal farming interview, create a convincing fake news report, and produce a light-hearted comedy reel. Definitely a fun yet thought-provoking opportunity for students to reflect on how to critically engage and question real-life news.

Additionally, a visit to a senior care home allowed students to connect with elderly residents through conversation, care, and lively song and dance. This meaningful encounter reminded everyone to slow down and embrace life's simplicity.



Through these experiences, participants learned valuable lessons about responsibility, family, resourcefulness, respect for elders, and gratitude for what they have.



